## 480487 TO 481476-continued

- 481392. IC-42309-4. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481393. IC-42309-5. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481394. IC-42310-1. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481395. IC-42310-2. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481396. IC-42311-1. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481397. IC-42313-1. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481398. IC-42313-2. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481399. IC-42313-3. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Popped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local name Marchu. Primitive Cultivar. Seed.
- 481400. IC-42313-4. India. Govindghat, Chamoli. Collected by B.D. Joshi. Used for baking bread. Fopped seeds eaten with milk and sugar, sugar, or syrup. Leaves used as vegetable and as purgative. Dried stems burned (folklore). Local